Basic First Aid Items

Adhesive Bandages
[20] Flexible bandages {1"x3"} {Band Aids}
[2] Elbow & knee bandages {2" x 4"}
[5] Flexible knuckle bandages
[20] Child Flexible bandages {1"x3"} {Band Aids}
[6] Large butterfly wound closures or Steri-Strips
[6] Medium butterfly wound closures or Steri-Strips
[4] Non-stick pad with adhesives edges {2"x3"}

Gauze Bandages
[1] Absorbent gauze compress
[5-10] Gauze non-stick dressing pads {2"x2"}
[4-10] Gauze non-stick dressing pads {3"x3"}
[2-4] Gauze roll bandages {2"x36"}
[2-4] Gauze roll bandages {4"x36"}
[4] Sterile Eye Pads

Other Bandages
[1-2] Ace Bandage w/ clips {3"}
[1] Material (Large, to make bandages)
[1] Triangular sling/bandage
[2] Cohesive Elastic Bandage (Coflex) {3"x5 yrsd}
[2] Burn Dressings {4"x4"}

Instruments
[1] Bulb Syringe
[1] Protective Eyewear
[1] CPR Microshied
[2] Safety pins (Medium)
[1] Scissors, (Paramedic All-Purpose Shears)
[1] Scissors, lister (4 1/2") (Bandage Scissors)
[1] Scissors, Small (Pointed)
[1] Thermometer (Forehead)
[1] Thermometer and Case (Digital)
[1] Tweezers (Pointed Tip)
[1] Tweezers (Slanted Tip)

Medication
[8] Anti-diarrhea tablets
[8] Antacid tablets,
[8] Antihistamines (Allergy Medicine)
[12] Aspirin (18 and Older)
[8] Cold relief medication
[1] Eye drops, {1/2 oz.}
[8] Laxative
[8] Nausea, Vomiting, Motion Sickness Medication
[8] Pain/Fever Reducer-Acetaminophen-(Tylenol)
[8] Ibuprofen-(Advil), Naproxen sodium-(Aleve)
[8] Pepto-Bismol

Burns and Stings
[1] Bite/Sting Relief Stick
[1] Aloe Vera Gel /Burn Gel
[1] First aid/burn cream, {0.9 gm}
[1] Sun Block {SPF 30}
[1] Lip Protection/Chap Stick/Packets

Cleansing
[15] Alcohol/Antiseptic cleansing wipes/First Aid Spray
[1] Cotton Balls
[1] Antibiotic Ointment (Neosporin tube)
[10] Cotton Tipped Applicators (Q-Tips)
[1] Hand Sanitizer
[1] Skin flushing solution/Distilled Water {8 oz. Bottle}

Miscellaneous
[1] Matches (Waterproof)
[1] Consecrated Oil
[1] Dental Floss
[1] First Aid Guide (Red Cross Approved)
[1] Flashlight and extra batteries
[1] Hydrocortisone cream, {1.0%}
[2] Instant Cold Pack (Disposable)
[4-8] Latex Gloves
[4-8] Latex-Free Gloves
[2] Light Sticks
[1] List of Kit Contents
[1] Pen Light
[1] Petroleum Jelly
[1] Rain poncho quick cover
[1] Rescue Space Blanket
[6] Sanitary pads
[1] Shaving Kit
[1] Table Salt or Salt Tablets
[1] Tape (First Aid) roll {1/2"x10 yd.}
[1] Tape (Waterproof) {1"x10 yd.}
[1] Tissue pack (Pocket)
[3] Tongue Depressors
[1] Needles (Various Sizes) and Thread
[1] Whistle
[2] Ziploc bags {Gallon} {For bio-waste, etc.}
[1] Utility Cord
[1] Utility Knife
[1] Paper & Pencil
[1] Permanent Marker
[1] Magnifying glass
[1] Pocket Knife

Personal Medical Needs (Prescription Drugs, Etc...)
Expanded First Aid Items

Gauze Bandages
[4] Bloodstoppers (ABD)
[4-6] Gauze non-stick dressing pads {4"x4"}
[2] Gauze roll bandages {6"x48"}
[4] Multi-trauma dressing {12"x30"}

Other Bandages
[1] Neck brace (Extrication collar) adjustable to fit all
[1] Liquid Bandage Kit
[4] Telfa bandages {2"x3"}
[2] Cohesive Elastic Bandage (Coflex) {1"x5 yrd.s.}
[1] Burn Dressing {8"x8"}

Instruments
[1] Blood pressure cuff
[1] Kelly forceps {5-1/2"} or Hemostat
[1] Stethoscope
[1] Suture & Suture Removal Kit
[1] Tourniquet w/Velcro Closure

Medication
[1] Activated Charcoal
[1] Syrup of Ipecac {1oz. Bottle}

Burns and Stings
[1] Burn spray, (Solarcane)
[1] Insect Repellent

Cleansing
[6] Cotton Tipped Applicators {3"} Sterile
[1] Eye wash, {4 oz. bottle}

Miscellaneous
[1] O. B. Kit (Birthing Kit)
[2] Dust masks {N95}
[1] Emergency Dental Repair Kit
[2] Emergency drinking water pouches
[1] Insta-Glucose/Hard Candy
[2] Instant Heat Pack (Disposable)
[1] Snakebite Kit
[1-2] Splints, SAM or Wire or Air
[1] Tape (Porous cloth athletic) {3"x10 yd.}
[2] Tape roll (Tenderskin/Hypoallergenic) {1/2"x5 yds.}
[1] Duct Tape
[1] Fire Extinguisher {ABC}
[1] Water Purification Tablets
[1] Gloves w/leather Palm, pr
[4] High Energy Food Ration Bars
[1] Multi-Tool (Leatherman)