



EMERGENCY PREPAREDNESS WORKSHOP:



Evacuation

Presented By: Jon Sherman

This presentation is available on my website:



www.iwillprepare.com
Emergency Preparedness



Disasters can STRIKE:

Anyone....

Anytime....

Anywhere....



Home

- Stay at HOME if you can.
 - Your home is your best shelter.
 - Home has all your supplies.





Evacuate

- However, some disasters may force you to leave your home.
- You may have plenty of notice.





Evacuate

- Or NO time at all...



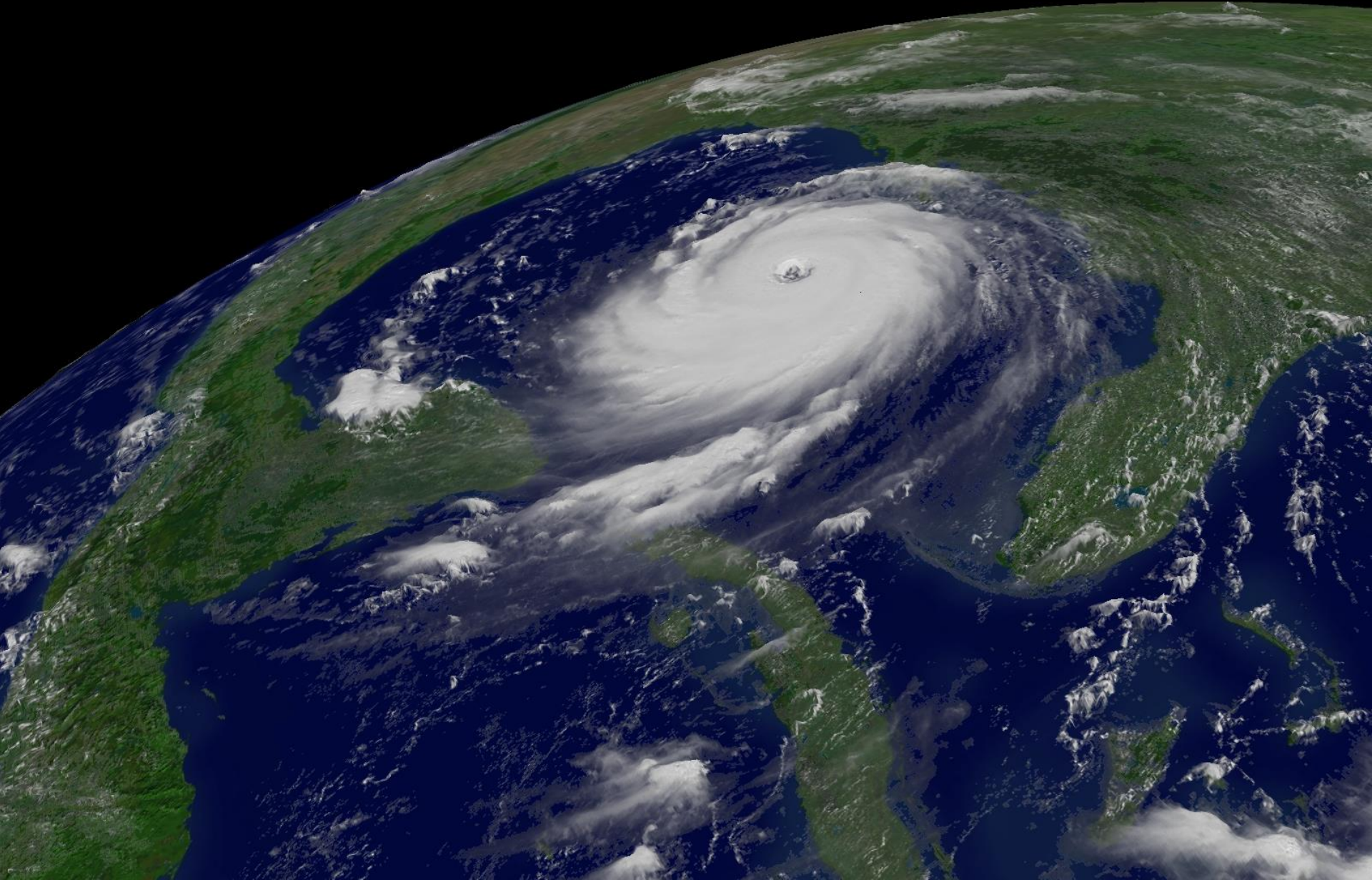


Evacuate

- What are some possible reasons that might cause us to evacuate?



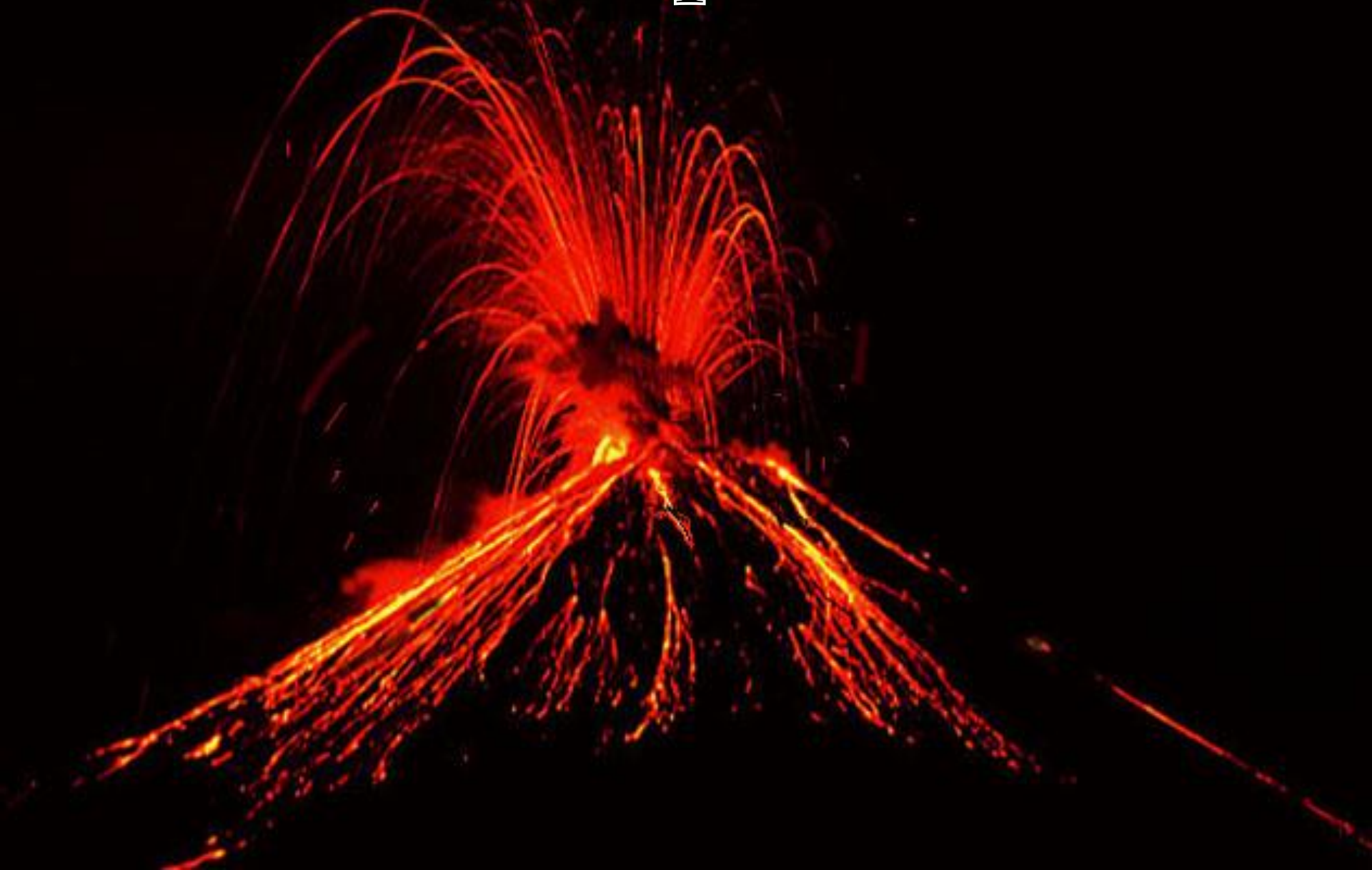
Hurricanes



Riots



Volcanic Eruptions



Tsunami



Tornados



Shortages



Pandemic



Fire



Earthquakes



Gas Leak



War



Floods



HazMat Spill





How do you Know?

- How do you know whether you should stay or go?
- See the Workshop Slides: Stay? or Go? (Recognizing the Signs to know when to Evacuate)
http://www.iwillprepare.com/files/pdf/workshop-stay_or_go.pdf
- Learn about various public alert systems





Emergency Alert System





NOAA Radio



NOAA RADIO + S.A.M.E.



Emergency Radio With
NOAA Frequencies



EAS / NWR S.A.M.E

- NOAA Weather Radio All Hazards (NWR) is a nationwide network of radio stations broadcasting continuous weather & emergency info. NWR also broadcasts warning & post-event info. for all types of hazards – including natural (ex. earthquakes or avalanches), environmental (ex. chemical releases or oil spills), and public safety (ex. AMBER alerts or 911 Telephone outages).
- Broadcasts are found in the VHF public service band at these 7 frequencies:

162.400 MHz	162.425 MHz	162.450 MHz	162.475 MHz	162.500 MHz	162.525 MHz	162.550 MHz
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NWR Radio Frequencies All states: <http://www.weather.gov/nwr/indexnw.htm>

AZ NWR Radio Frequencies <http://www.weather.gov/nwr/CntyCov/nwrAZ.htm>



Instructions

- Instructions over the NOAA/EAS radio network can give you important information like up-to-date conditions, directions or shelter locations.
- You might be directed to shutoff your utilities.





Shutting-Off Utilities

- Shutting off utilities may prevent further damage caused by disasters by potentially eliminating, gas leaks, flooding or other water damage, fires or electrocution to name a few.
- Everyone in your home should know where these controls are located and how and when it is appropriate to shut them off.



Shutting-Off Utilities (Gas)





Shutting-Off Utilities (Water)





Shutting-Off Utilities (Electricity)





Emergency Supplies

- When you evacuate, you may have no idea how long you will be gone.
- You will need supplies you can use to keep warm, dry, fed and hydrated and treat minor injuries.





Emergency Kit

- Most emergency management experts agree that following a moderate to large scale disaster, emergency services will not have sufficient personnel or supplies to address the needs of everyone.





Emergency Kit

- A “Lag-Time” will exist before services and supplies can get to you.
- On average that lag time has been about 72-Hours.
- During that time, you alone may have to provide your own, food, clothing and other necessary supplies.





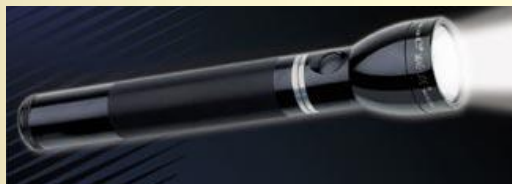
Emergency Kit

- Having an Emergency Kit assembled and ready saves valuable time.
- You won't have to gather necessary items when you are in a hurry.
- Just grab the bag and go!





Bug Out Bag





Emergency Kit

- Emergency Kit
- Emergency Supplies Kit
- Disaster Supplies Kit
- G.O.O.D. Bag – *Get Out of Dodge*
- B.O.B. – *Bug-Out Bag*
- 72 Hour Kit
- 96 Hour Kit
- Evacuation Kit
- Survival Kit
- Go Bag





Keep In Mind!!!

- You may be stuck at home and cut off from outside assistance (Power, Water, Etc...)
- You may be forced to leave your home and head to a shelter. (Shelters often are chaotic, lack electricity, heat, water and food).
- You may be forced to leave in as little as 5 minutes.



Plan for your Area

- First!....Prepare for emergencies that are most likely to occur.
- Make a list of possible emergencies & rate them in order of likelihood.
- Can you prepare in a way that will lessen the impact of the emergency?



Possible Emergencies

- Utility Outage (Power, Water, Gas)
- Financial Setback
- Loss of Employment
- Car Trouble or Accident
- Microburst or other storm
- Medical Emergency
- Missing Child
- House Fire
- Gas Shortage
- Transportation Disruption
- Shipping Strike
- Hazardous Materials Spill
- Gas Leak
- Tornado
- Satellite malfunction preventing Debit/Credit Card Transactions
- Plane Crash in Neighborhood
- Mass Migration (From North AZ Forest Fires or CA Earthquakes)
- Earthquake
- Volcano
- Water Contamination
- Pandemic (Bird Flu?)
- Terrorist Attack
- Palo Verde Nuclear Plant Meltdown
- Flash Flood (Dam Failure)
- Forest/Brush Fire
- War



How to get Organized?



www.iwillprepare.com
Emergency Preparedness

Billy

Evacuation Kit Planning Sheet

72-Hour Kit, Go Bag, Bug-Out Bag, Emergency Evacuation Kit... Whatever you choose to call them, evacuation kits are a vital part of your family's emergency plan. If forced to evacuate, you may have no advanced notice and have as little as seconds to leave your home. Having supplies packed and on-hand can literally mean the difference between comfort and hardship or even life and death. Assembling a kit is not difficult, it just requires a bit of organization and planning. Follow the instructions below to help you be successful.

First, make a copy of this list for each family member. Write each person's name at the top of their own planning sheet. Go through the list and highlight each item you wish to insert in that individual's Evacuation Kit. Remember! Each person has different needs, so no two kits will be alike. Also, make the kit is age-appropriate; you may choose to not include a pocket knife in the kit of a young child, etc... Once you have determined which items to include, find a temporary container to hold them in until you have gathered everything. Place whatever highlighted items you have at home in the kit, then cross them off your list. The remaining highlighted items are now your shopping list. Use this list in conjunction with your budget to determine how many items you can afford to buy each month. Once each highlighted item is placed in your kit, find a suitable container to hold the items (backpack/roller-duffle combo bags are my preferred choice). Select a bag that will only be used for this purpose and not emptied when the family goes on a weekend trip etc. Also try to place items in the kit that will not be taken out for other needs (ex. don't put your only flashlight in your kit, buy another one). Now your Evacuation Kit is ready. Print a list of your highlighted items and place it in your bag. You can use this list to make sure everything is in place 1-2 times a year as you rotate clothes, food, water and batteries.

Light

- ☐ Flashlight & extra batteries & bulbs (head mount style keeps hands free)
- ☐ Chemical light sticks (12-hour one time use)
- ☐ Candle (survival variety or 100 hour)
- ☐ Lantern (area light)
- ☐ Button Flashlight
- ☐ Portable solar panel & rechargeable batteries

**Consider solar, crank or LED styles to save on batteries.

Heat

- ☐ Matches in a Waterproof Container

- ☐ Method of Water Purification (Tablets, Means of Boiling Water, Bandana, Bleach, Water Purifier [Not just filter])
- ☐ Water carrier/storage bag (use with water treatment tablets)
- ☐ Drink Mix with electrolytes (Propel, Gatorade, Replenish, etc.)
- ☐ Coffee Filters (Water Filtering)
- ☐ Backpacking Water Filter

Shelter

- ☐ Tube tent, Bivy Bag
- ☐ Wool Blanket or Sleeping Bag
- ☐ Emergency reflective blanket (lightweight or heavy-duty)

- ☐ Cellular Phone + Charger
- ☐ Paper, pencil, Spanish-English Dictionary
- ☐ Pocket TV, Public Safety Scanner, CB, Two-Way Radios (FRS/GMRS/MURS)
- ☐ Prepaid Phone Card, Pre-stamped Postcards
- ☐ Portable HAM Radio (License Required)
- ☐ Aerial Flares, Road Flare, Smoke Signal
- ☐ List of Important Phone Numbers
- ☐ Hearing Aid Batteries

Sanitation & Hygiene

- ☐ Bath Wipes; Moist Towelettes
- ☐ Feminine hygiene supplies
- ☐ Toilet paper, Tissue Pack, Q-Tips



How to get Organized?

Billy's 72 Hour Kit List

- Flashlight & Extra Batteries & Bulbs (Head mount style keeps hands free)
- Chemical Light sticks (12 hour one time use)
- Hand and body warm packs
- Water (At least 3 day supply per person) (1 gallon per day; 2 qts. drinking, 2 qts. washing/cooking/sanitation)
- Wool Blanket or Sleeping Bag
- Emergency reflective blanket
- Rain gear (Poncho)
- Whistle
- Bright Color Trail Tape
- Paper, pencil
- List of Important Phone Numbers
- Bath Wipes; Moist Towelettes
- Toilet paper, towelettes
- Cotton-Tipped Applicators [Q-Tips] (Travel Box)
- Tissue Pack
- Toothbrush, Toothpaste
- Comb, Brush; Hair Accessories, Hair Spray, etc...
- Insect Repellant
- Complete Change of Clothing and Sturdy Shoes or Work Boots
- Hat and gloves, Thermal Underwear, Warm Clothing
- Hat, Sun Block
- Sunglasses
- Food (High energy, pre-cooked, ready-to-eat) (Stress/Comfort Foods)
- Mess kit, or paper cups, plates, and plastic utensils
- Dust Mask
- Earplugs
- Evacuation Plan; List of Regroup Locations
- List of Kit contents
- Photos of Family Members- (Up-to-date)
- Bag, container, backpack to carry supplies
- Games, books, hard candy, small toys, paper and pen, favorite security items
- Kids comfort Items
- Eyeglasses



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How to get Organized?

Billy's 72 Hour Kit List Shopping List

- Chemical Light sticks (12 hour one time use)
- Wool Blanket or Sleeping Bag
- Emergency reflective blanket
- Whistle
- Toilet paper, towelettes
- Tissue Pack
- Comb, Brush; Hair Accessories, Hair Spray, etc...
- Insect Repellant
- Sunglasses
- Photos of Family Members- (Up-to-date)
- Eyeglasses



List of Kit Contents

Emergency Kit Contents for John Doe

- Backpack
- Water, Water Bottle, Snacks
- Wool Blanket, Hand and body warm packs, Emergency reflective blanket
- Complete Change of Clothing and Sturdy Shoes
- Hat, Sunglasses, Tissue Pack, Ear Plugs, Warm Hat
- Emergency Poncho, Rain Jacket
- Flashlight & Extra Batteries & Bulbs, 2 Chemical Light Sticks
- Personal hygiene items (Toothbrush, Toothpaste, Brush, Hair Accessories, hand sanitizer, chap stick) Wipes, Pull-Ups
- Mess kit, Utensils
- Paper, pencil
- Work Gloves, Whistle, Carabiners
- Games, books, small toys, pillow
- List of Important Phone Numbers, Photos of Family Members
- Kit Cards: List of Important Phone Numbers, Photos of Family Members, Insurance Cards, List of Kit contents

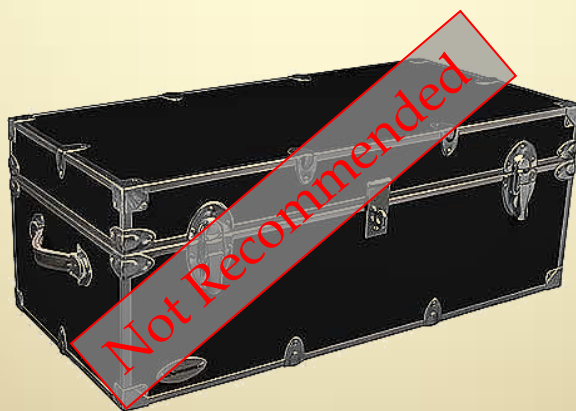


Emergency Kit Containers





Emergency Kit Containers





Emergency Kit Containers

BEST!



BEST!





Emergency Kit Containers

BEST!



BEST!





Emergency Kit Containers

BEST!



BEST!



The background of the image is a gradient of blue, transitioning from a lighter, almost white-blue at the top to a darker, deep blue at the bottom. Scattered across this background are numerous water droplets of various sizes. Some droplets are large and clear, showing internal reflections and refractions of light, while others are smaller and more numerous. The droplets are distributed throughout the frame, creating a sense of freshness and moisture.

WATER



How Much Water?

- The most important item you can store in your Emergency Kit.
- Experts say store:
- 1 gallon of Water/Person/Day
- I believe this number is too low.
- An emergency may require you to be more active which will increase your daily water requirement.





How Much Water?

- Remember! We live in the desert, our daily water requirement is greater.
- I recommend storing no less than 2 gallons of water per person per day.
- If you have the means, store as much water as you can.
- Store enough water in “portable” containers to supply each person 2 gallons for at least 3 days.





Water Containers?

- Portable storage containers include: 2-liter soda bottles, 1 gal. juice bottles, and 5 gal. water jugs. (Not Milk Jugs!)



Water

- Because water is so heavy, you most likely won't be able to carry all you need with you.
- Consider ways to collect and ensure the water you may find along the way is safe to drink.



Water Purification

- Boiling (Best Method)
- Backpacking Filter/Purifier
- Tablets
- Bleach





FOOD



Food

- During a crisis, what you eat is very important.
- With the added stress, you will need lots of energy.
- It takes roughly 1700 calories to sustain the body at rest...In stressful or physically exhausting conditions it can take 4000-6000 calories.
- High calorie food is what your body will need.



Food

- It's true we can survive several days without food. However...
 - Lack of food can increase your susceptibility to the effects of cold, pain, fear and irrational thinking.
 - Children, the Elderly, people with certain medical conditions (Diabetes) and pregnant women should not ration or go without food.
 - Food Improves Morale.



Food

- What kind of food should you NOT include in your Emergency Kit?
 - Foods associated with Food Storage.
 - Beans, Grains, Flour, etc.
 - Require too much preparation
 - Too Bulky
 - Low Calorie foods
 - Traditional 72-Hour Kit Menu Items.
 - Granola Bar, Can of Tuna, and a Pack of Gum is not enough for a whole day.





Food

- What kind of food should you include in your Emergency Kit?
 - Consider the dietary needs of your family.
 - Food they will enjoy. (Try taste tests)
 - Nonperishable
 - No Refrigeration
 - No Heating
 - No Water Needed
 - No or Little Preparation
 - Compact and Lightweight
 - Satisfy Hunger
 - Supply Energy
 - Contributes to good nutrition
 - Improves Morale

[illegible]



Food

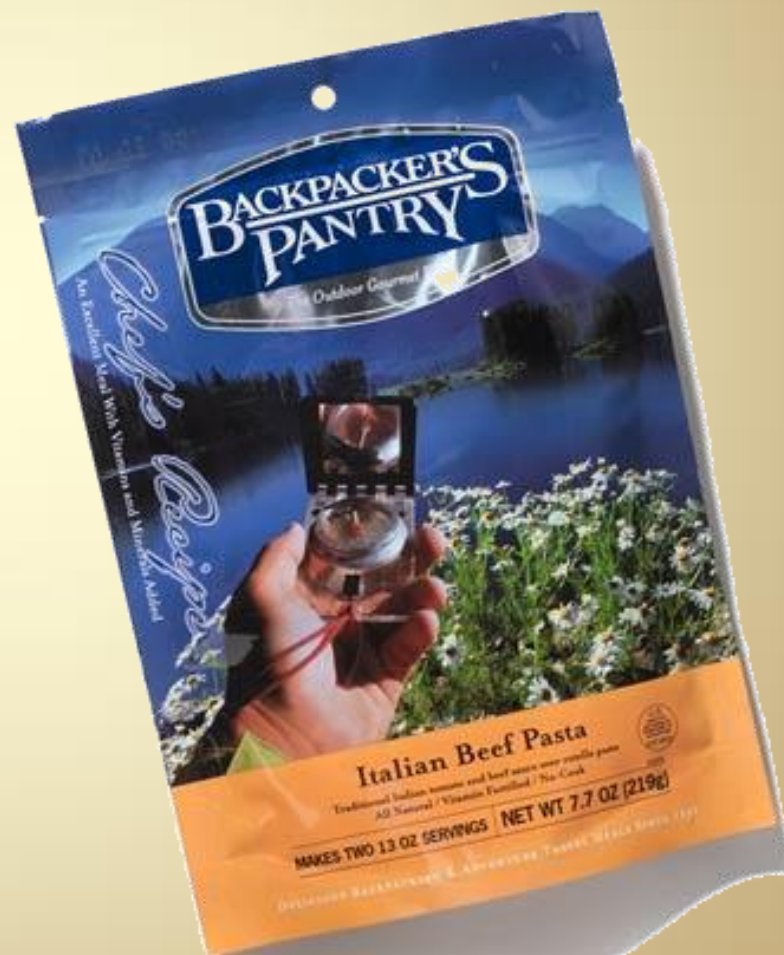
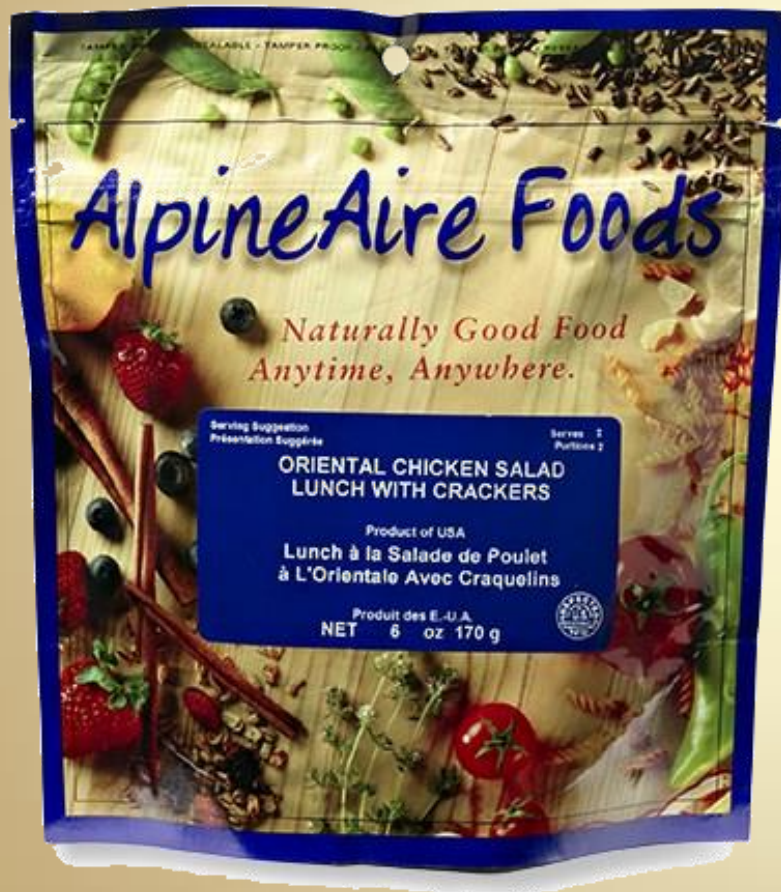
- Heater Meals





Food

- Freeze Dried Food – Backpacking Food





Food

- Possible Emergency Kit Foods









Food

- Consider means of securing more food.
- Snare Wire
- Gun
- Fishing Kit



A close-up photograph of two hands being washed under a stream of water from a faucet. The water is splashing, creating white foam and droplets. The background is a solid blue color.

SANITATION



Sanitation

- When Water/Sewer lines are down, Sanitation can become a serious problem...Very Quickly!
 - People affected by disasters are more likely to become ill and to die from diseases related to inadequate sanitation and water supplies than from any other single cause. (World Health Organization)
 - As much as possible, continue regular hygiene habits. This will help prevent the spread of disease and irritation as well as help relieve stress.





Sanitation

- If you suspect water or sewer lines are broken:
 - Don't drink the water. It may be unsafe. Boil it and treat with liquid bleach.
 - Don't flush the toilet. This could cause backup problems or allow sewage to contaminate ground water.





Sanitation

- Prepare a Sanitation Kit that can be used at home and portable so it can go with you if you need to evacuate.
- Include:
 - Plastic Bucket with Tight Lid
 - Plastic Garbage Bags & Ties
 - Lime powder or Disinfectant (disease, odor control)
 - Toilet Paper, Towelettes
 - Feminine supplies





Sanitation

- Also Include:
 - Bath Wipes, Moist Towelettes, Soap
 - Comb, Brush, Hair Accessories, Hair Spray, etc...
 - Q-Tips, Tissue Pack
 - Toothbrush, Toothpaste
 - Deodorant, Lotion, Make-Up
 - Medicine dropper
 - Razor, Shaving Cream
 - Insect Repellant







Shelter

- Stay at home if you can.
 - Your home is the best shelter. It is when we are forced to evacuate plan on having an emergency shelter.
- Plan for different climates and conditions.
- Don't assume that a community or Red Cross shelter will be available to you.
 - You may decide not to stay in one once you get there!







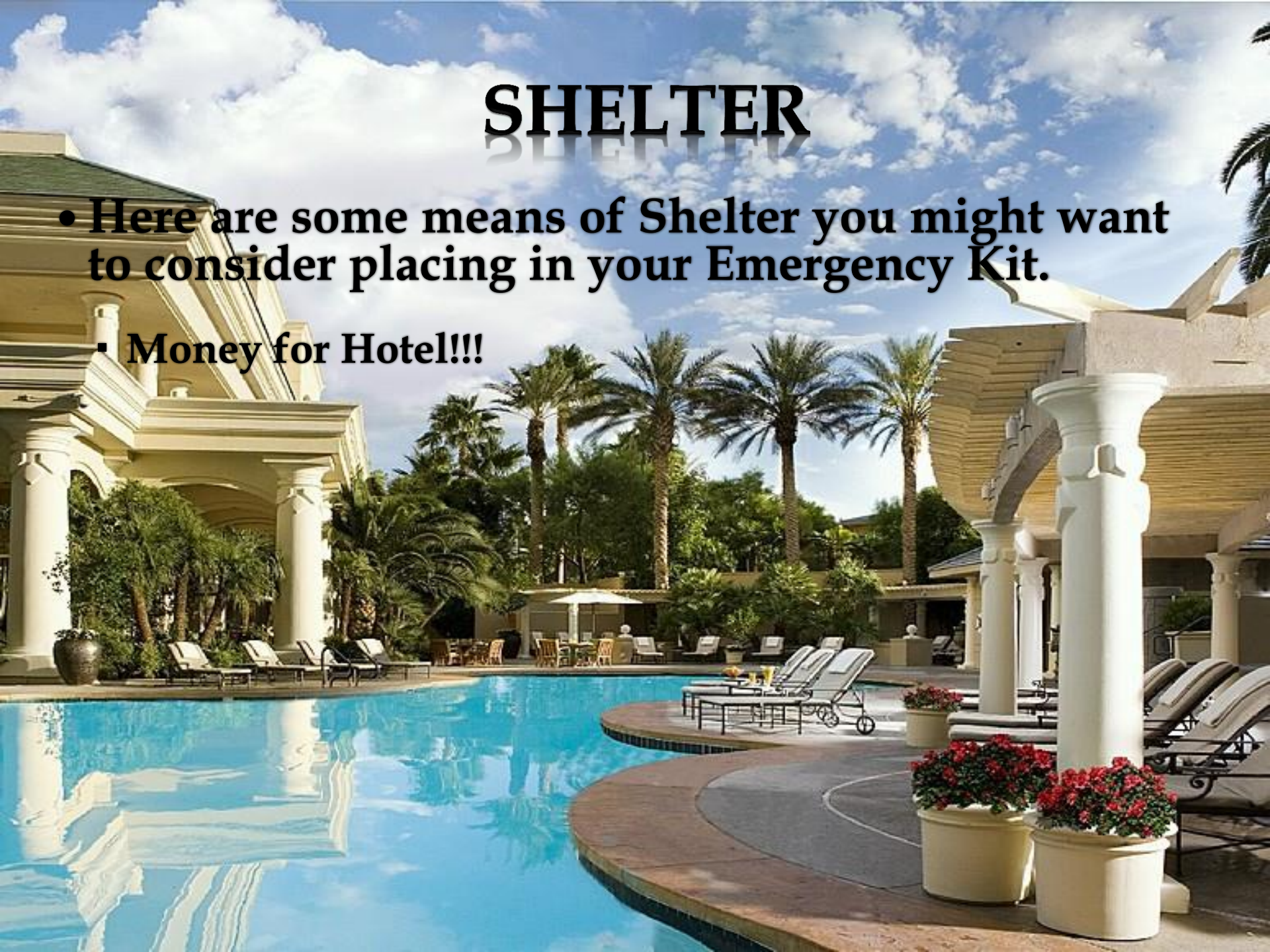


23,000 Sheltered at Houston Astrodome

23,000 Sheltered at Houston Astrodome

SHELTER

- Here are some means of Shelter you might want to consider placing in your Emergency Kit.
- Money for Hotel!!!





Shelter

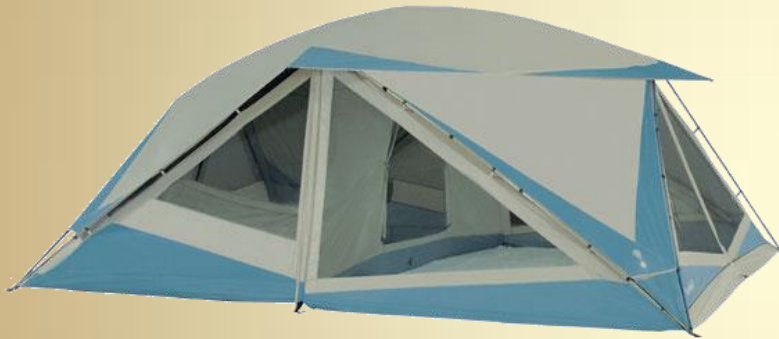
- Tube tent or Tarp
- Emergency Reflective Blanket
- Space Blanket
- Poncho / Sleeping Bag
- Wool Blanket





Shelter

- Tent
- Trailers and RVs



The background of the image is a vibrant, fiery sun or star. It features a bright orange and yellow core with darker, textured orange and red outer layers, giving it a sense of intense heat and energy. The text "LIGHT & HEAT" is prominently displayed in the center, rendered in a bold, stylized font. The letters are black with a thick white outline, and the ampersand is also black with a white outline. The overall composition is centered and visually striking due to the high contrast between the dark text and the bright, fiery background.

LIGHT & HEAT



Light





Heat

- When away from your home, your ability to stay warm will most likely depend on your ability to start fire.
- Consider multiple means of starting fire.





Heat





Heat

- Hand and body warm packs



A satellite with solar panels and a circular antenna is shown in orbit above the Earth's blue and white cloud-covered surface. The word "COMMUNICATION" is written in large, bold, yellow capital letters across the center of the image.

COMMUNICATION



Communication

- Communication is vitally important following an emergency.
- It is the means by which you send and receive information to/about your loved ones.
- It is how you gather information from emergency management agencies on what to do and where to go.



Communication

- Following an emergency, you should keep a radio or television on and await instructions.
- These instructions may recommend staying where you are or evacuating.
- If you are told to evacuate, they may suggest the best routes to follow, or locations of shelters.



Communication

- Just like other important emergency gear, you will want multiple means of communication.
- The proper communication tool can potentially aid rescuers in finding you, keep you informed, find lost family members, eliminate unnecessary stress or concern.
- Consider the following means of communication:



Communication

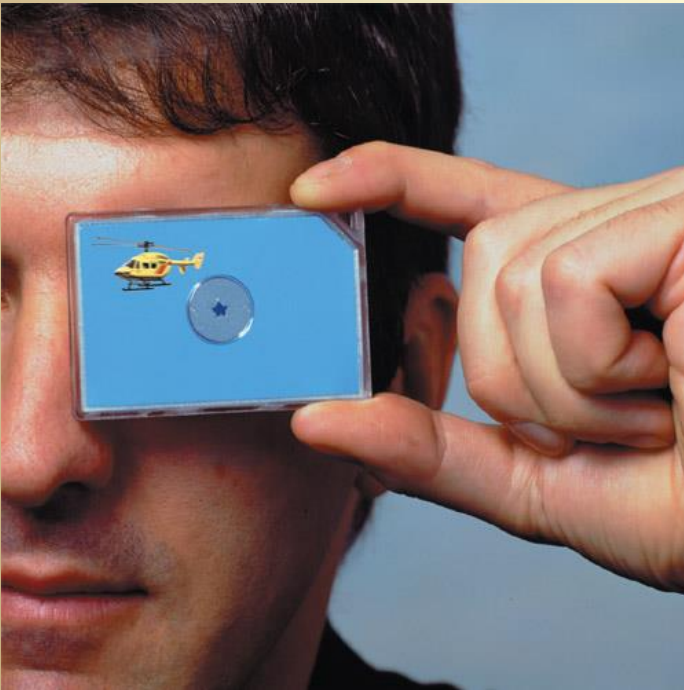
- Radio & Extra Batteries or (Solar/Crank)
- Two-Way Radios





Communication

- Signal Mirror (Or use a CD)





Communication

- Cellular Phone or Satellite Phone
- Whistle





Communication

- CB Radio
- Pocket TV
- Public Safety Scanner





Communication

- Paper & Pen
- Prepaid Phone Card
- Pre-stamped Postcards
- List of Important Phone #'s



- **Important Numbers**
- Mom - 555-0001
- Dad - 555-0002
- Doctor - 555-0003
- Babysitter - 555-0004
- Poison Control - 555-0005
- Emergency - 911





Communication

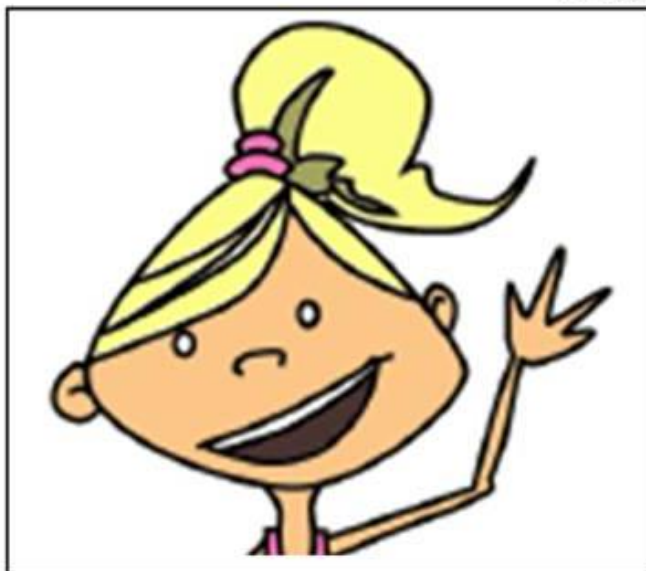
- HAM Radio
 - HAM works when all other communication is down.
 - License Required (\$14)
 - Easy Exam Required





Kit Cards

Jennifer Doe



DOB: 12/10/2001

HT: 4'2"

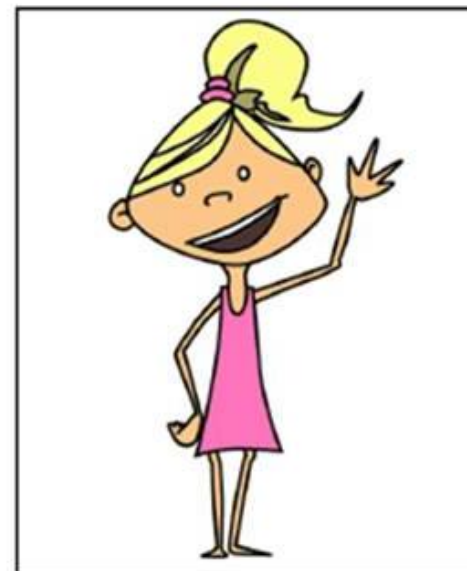
WT: 45 Lbs.

Eyes: Blue

Hair: Blonde

Parents: John Doe (12/12/1970) Jane Doe (10/5/1974)

Siblings: Jack Doe (1/1/1999)



Blood Type: O+

Allergies: none

Medications: none

Medical conditions: none

Insurance: Blue Cross/Blue Shield #145643



Kit Cards

Important Telephone Numbers

Home: ###-###-####

Dad Work: ###-###-####

Mom Work: ###-###-####

Dad Cell: ###-###-####

Mom Cell: ###-###-####

Grandma and Grandpa: ###-###-####

Uncle and Aunt: ###-###-####

Out-of-State Contact: ###-###-####

Out-of-Country Contact: ###-###-####

Elementary School: ###-###-####

School Teacher Name: Jane Doe 4th Grade: ###-###-####

Babysitter: ###-###-####

Police Non-Emergency Number: ###-###-####

Fire Dept. Number: ###-###-####

Southwest Gas: ###-###-####

City Water: ###-###-####

SRP: ###-###-####

Doctor: ###-###-####

Pediatrician: ###-###-####



CLOTHING



Clothing

- The proper clothing can keep you cool in the summer and warm in the winter.
- Proper clothing can help protect you from Injury, Sunburn, Heat Exhaustion or Heat Stroke, Hypothermia, Bites, Stings, Etc...



Clothing

- Loose fitting clothing, “In Layers” are best.
- Air trapped between the clothing layers insulates the body from both Heat and Cold.
- Necessities:
 - Sturdy Boots
 - Hat
 - Sunglasses





Clothing Tips for Children

- Buy one size too large. When they grow into them, remove them from the kit and buy one size too large again.
- This way, clothes are not going unused.
- Clothes will never be too small in your kit when you truly need them.





Clothing Tips for Children

- Consider getting the same color clothes for all your children.
- Often times, when a child gets lost, the parent can't remember what color clothes their child was wearing.



FEDERAL RESERVE

THE UNITED STATES

THIS NOTE IS LEGAL TENDER
FOR ALL DEBTS, PUBLIC AND PRIVATE

Money

L 61838044 T

12 *Mary Ellen Withrow*

Treasurer of the United States.

ONE DOLLAR



Money

- Following an emergency, you may be in need of supplies, such as food, water, gasoline, lodging, etc. Especially if you are forced to evacuate.
- Having ready funds available to you can be priceless.





Money

- Banks only hold a limited amount of cash and can run out quickly if a large number of people are making withdrawals.
- Banks can only process your withdrawal if they have power and their computer and communication systems are operational.
- Businesses may not accept Checks or Credit/Debit Cards if they can't verify the funds.
- Cash is Best!



Money, Documents & Direction

- Cash
 - Each family's needs are different.
 - Consider \$200-\$300+ in small bills.
 - A roll of quarters will be handy for phone calls, tolls, machines, etc.
- Longer Term Money
 - Traveler's Checks
 - Credit Card/ATM Card



Evacuation Plan





Evacuation Plan

- If you are forced to evacuate, you most likely won't have the time to stop and buy the appropriate maps and plan your route or communicate with family.
- Make your plans NOW where you will regroup if separated and what routes you will take.
- Review the plan at:
http://www.iwillprepare.com/index_files/Evacuation_Plan.htm

Important Documents

Mortgage/Rent
Owner

Investments

Dental/Medical
Insurance/Medical



Important Documents

- You will want to have your important documents ready to take with you in an emergency.
- If you are evacuated, you will not know how long it will take before you can return home, if there is a home to return to.
- Include your Family Photos and Genealogical records



Important Documents

- You may want to store your documents in a fire safe.
- Consider scanning your documents and saving copies on a CD.
- Send a copy to an out-of-state friend or relative.



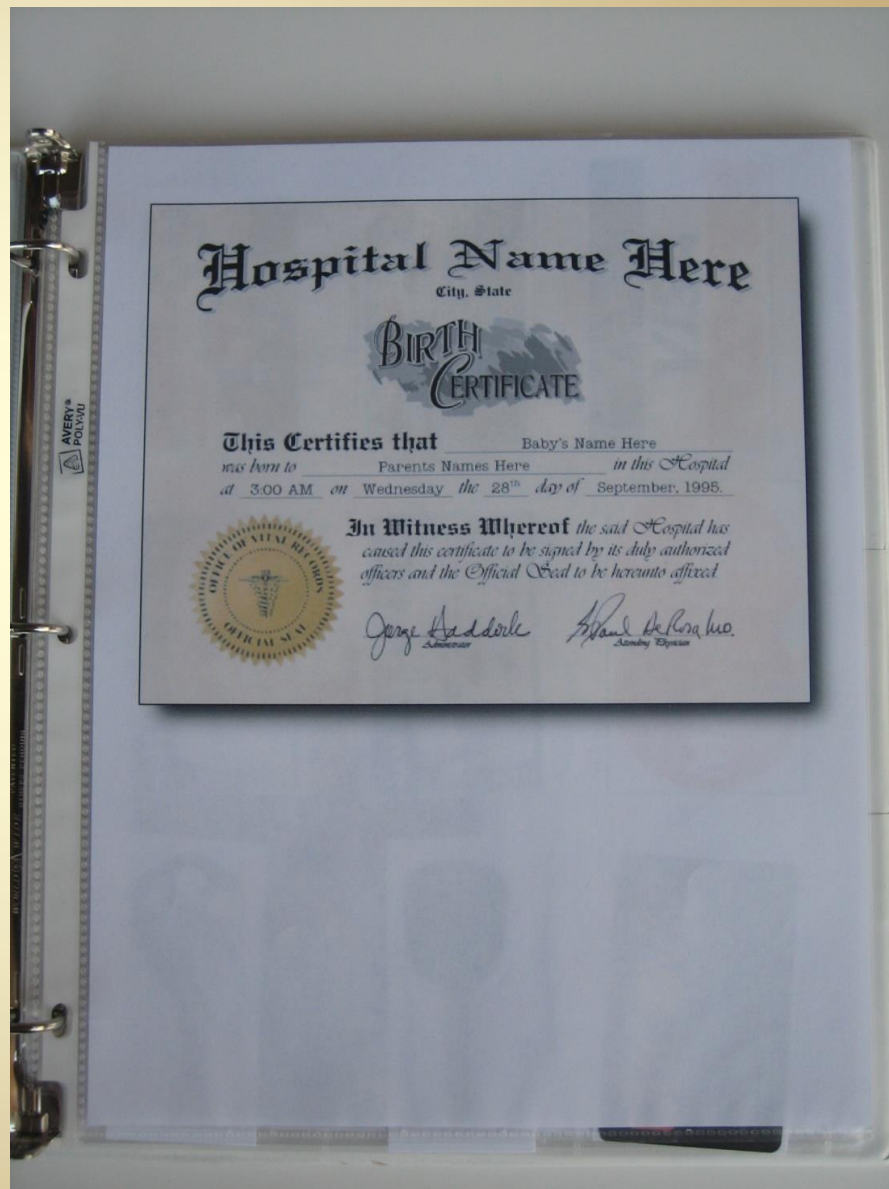


Important Documents

- Consider buying an external backup hard drive. Have your computer files automatically backup weekly.
- Grab the backup drive on your way out the door if evacuated.



The
Doe Family
Red File





**LIFETIME
IMMUNIZATION
RECORD**





100% POLYESTER

CERTIFICATION OF VITAL RECORD

CLARK COUNTY, NEVADA
CERTIFIED ABSTRACT OF MARRIAGE

GROOM: JOHN DOE

BRIDE: JANE DOE

DATE OF MARRIAGE: DECEMBER 18, 2004

RECORDED: DECEMBER 22, 2004 BOOK: 20041222 INSTRUMENT: 000006

APPLICATION: D751

This is to certify that this document is a true abstract of the marriage record filed with the County Recorder of Clark County, Nevada.

[Signature]
Helen Deane
Clark County Recorder

ISSUED: 08-08-2004 MSH

This copy is not valid unless prepared on *SafeImage™* paper, impressed with the raised seal of the Clark County Recorder.

CLARK COUNTY NEVADA

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

Patriarchal Blessing

Date of Blessing
12 January 2003

Patriarchal Blessing Number
1234

Recipient
John Doe
Birthdate
6 April, 1985

Birthplace
Gilbert, Maricopa, Arizona/USA
Mother's Name
Jane Doe
Sister
Gilbert Stake

Father's Name
Bill Doe
Patriarch
James Smith

Have you ever wanted to know what the Lord would have you do with your life? Have you ever contemplated what you could do that would be of most worth to you? Have you pondered what life holds for you? If you have, you are not alone. It is a natural thing to wonder what is the purpose of your life and where it will take you.

The Bible cites that patriarchs, under inspiration and by the laying on of hands, revealed to certain persons the will of the Lord and what life had in store for them.

In this day are there no patriarchs? Are the heavens closed? Has revelation ceased, and is communication between the Lord and His children confined to the writings of the prophets of old as contained in the Bible? Is there no opportunity for revelation? Is there no divine source whereby life's important questions can be answered?

I attest that there is such a source available to you.

I testify to you that today the heavens are open and since the spring of the year of 1820, when the boy prophet Joseph Smith Jr. saw the Father and the Son and received an answer to his sincere prayer, there has always been one of the Lord's anointed here on earth through whom the Lord has and does reveal His word.

I witness to you that the Lord's prophet to all the world, he who holds all the keys pertaining to the last dispensation today, is Gordon B. Hinckley, prophet, seer, and revelator, and the president of the Lord's kingdom here upon the earth, even The Church of Jesus Christ of Latter-day Saints.

It was through the Prophet Joseph Smith that the Lord restored the priesthood, the fulness of the gospel, and "the same organization that existed in the Primitive Church, namely, apostles, prophets, pastors, teachers, evangelists, and so forth" (*A of F 1:5*).

Patriarchs are charged with the duty of blessing the members of the Church. "Patriarchal blessings contemplate an inspired declaration of the lineage of the recipient. A patriarchal blessing also includes an inspired and prophetic statement of the life possibilities and mission of the recipient. It may include such blessings, promises, advice, admonitions, and warnings as the patriarch may be prompted to give. It should always be made clear that the realization of all promised blessings is conditioned upon faithfulness and the Lord's will" (*Information and Suggestions for Patriarchs* [1970], 3-4).

Patriarchal blessings are obtained by worthy members of the Church who are recommended by their bishops. "Every worthy member is entitled to and should receive a patriarchal blessing" (*Information*, 2).

You may feel that you are unimportant, too old, and that the Lord has no blessing for you. Or perhaps you have sinned and even though you have repented consider yourself unworthy of a blessing or to receive a blessing. If that is so, I suggest that you make an appointment with your bishop, seek his advice, follow his counsel, and actively and humbly solicit the blessings of heaven.

I can testify to you that these blessings are inspired and are personal revelations to the recipient. Patriarchal blessings are a guideline or similar to a road map that indicates the paths that may be traveled and destinations that may be reached if we stay within those paths. They may bring comfort and joy and encouragement when we have need to look, to listen, and to feel of the contents of these blessings so that we may go forward on life's journey, not alone, but with the accompanying Spirit of our Father in Heaven.

A patriarch received a call one afternoon from a concerned mother of a young daughter who was physically challenged from birth. This dear mother asked if her daughter could possibly receive a patriarchal blessing. The patriarch informed her that if her daughter could obtain a recommend from the bishop, he was sure that the Lord had a blessing for her. A short time later the patriarch was informed that the bishop had given this sweet young girl a recommend to receive a patriarchal blessing.

An appointment was made. The blessing was given and gratefully received. Her lineage was given. She received a blessing suited to her needs and unique situation. Lives, focus, and attitudes were changed. She was told that through her cheerful acceptance of the efforts and sacrifices of those who loved and cared for her, she would be blessing their lives, and to accept their offerings graciously and willingly.

The Lord loves His children and wants to bless them and wants all of them to return to Him and dwell in His presence for time and all eternity (see *Moses 1:39*). The Lord is willing to pronounce His blessing upon those who love Him and keep His commandments. It is my sincere prayer that all who desire a blessing at the Lord's hand may live worthy so as to obtain it, and that we who have received a patriarchal blessing may so live as to always be worthy of the blessings that have been revealed to us through the Lord's servant, the patriarch, I humbly pray in the name of Jesus Christ, amen.

Richard D. Allred, "The Lord Blesses His Children through Patriarchal Blessings," *Ensign*, Nov 1997, 27 <http://www.lds.org/>

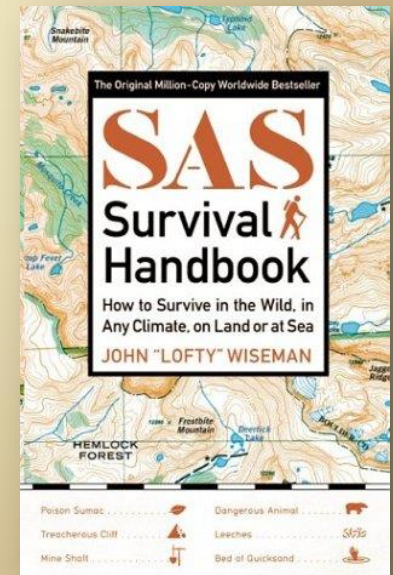
A brown teddy bear is centered in the background. It has a light brown face with black eyes and a small black nose. Its body is a darker brown, and it has large, rounded feet. The bear is sitting and facing forward.

Miscellaneous



Miscellaneous

- List of Kit contents
- First Aid Kit & First Aid Manual
- Emergency Preparedness, Survival Manual
- Comfort Items:
 - Games, Books, Hard Candy, Inspirational Reading
- For Children:
 - small toys, paper and pens
 - favorite security items (Blankets, Teddy Bear, Etc.)
- Pet Needs





Miscellaneous

- Dust Masks (N95)
 - Recommended by the CDC and the WHO as the minimum respiratory protection needed for the bird flu virus. N95's filter at least 95% of all particulates that are .03 microns or larger.

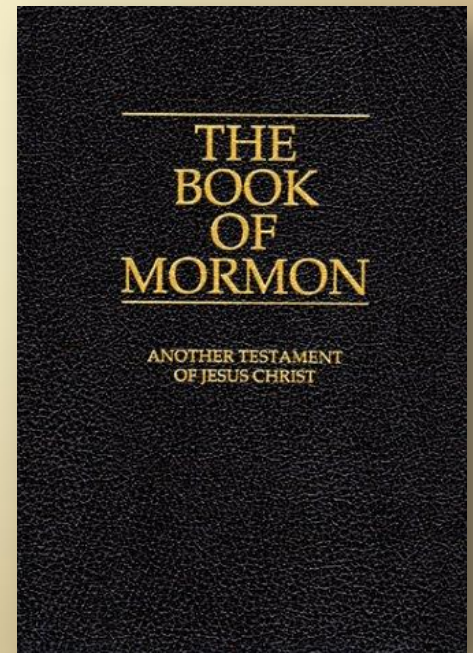


- Human Hair = 100 Microns, Anthrax spores = 5 Microns



Miscellaneous

- Earplugs – Especially helpful in shelters where noise levels make it hard to sleep.
- Scriptures, Hymn Book
- Spare Keys (Lock the house on your way out)
- Special Need Items, Infants, Elderly, Disabled, Prescription Meds., Eyeglasses or Contacts & Solution





Priority List

- Items to grab after you have your Emergency Kit loaded in the car and you still have time...
- Listed in priority order so you can grab the most important things while you still have time left.
- Examples:
 - Extra Food & Water
 - Pillows & Blankets
 - Rocket Stove
 - Tents
 - Etc...

Priority	Category	Location	Item
<input type="checkbox"/> 1	Kits	Garage	Emergency Kits
<input type="checkbox"/> 2	Water	Garage	Water (AJ Bottles, 2-Liter Soda Bottles, Sports Bottles, 5-Gallon Water Cooler Bottles, 5-Gallon Square Blue Jugs)
<input type="checkbox"/> 3	Kits	Laundry Room	Emergency Kits (Food Packs)
<input type="checkbox"/> 4	Food	Master Bedroom Closet	90 Day Food Supply
<input type="checkbox"/> 5	Food	Pantry	Canned Food
<input type="checkbox"/> 6	Water	Laundry Room	Bleach, Calcium Hypochlorite
<input type="checkbox"/> 7	Cooking	Garage	Cooking Eqp. (Rocket Stove, Solar Oven, Small Grill & Propane, Volcano Stove & Dutch Oven & Charcoal, Alcohol Stoves & Alcohol, Matches, Aluminum Foil)
<input type="checkbox"/> 8	Money	Master Bedroom Closet	Emergency Cash
<input type="checkbox"/> 9	Sleeping	Bedrooms	Blankets and Pillows from Beds
<input type="checkbox"/> 10	Sleeping	Garage	Sleeping Bags
<input type="checkbox"/> 11	Shelter	Garage	Tents (Green, Orange, 12-Man)
<input type="checkbox"/> 12	Communication	Master Bedroom (Desk)	Two-Way Radios
<input type="checkbox"/> 13	Communication	Master Bedroom (Desk)	NOAA Radio
<input type="checkbox"/> 14	Communication	Master Bedroom (Desk)	Ham Radio

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Emergency Preparedness