



72-Hour Kit, Go Bag, Bug-Out Bag, Emergency Evacuation Kit... Whatever you choose to call them, evacuation kits are a vital part of your family's emergency plan. If forced to evacuate, you may have no advanced notice and have as little as seconds to leave your home. Having supplies packed and on-hand can literally mean the difference between comfort and hardship or even life and death. Assembling a kit is not difficult, it just requires a bit of organization and planning. Follow the instructions below to help you be successful.

First, make a copy of this list for each family member. Write each person's name at the top of their own planning sheet. Go through the list and highlight each item you wish to insert in that individual's Evacuation Kit. Remember! Each person has different needs, so no two kits will be alike. Also, make the kit is age-appropriate; you may choose to not include a pocket knife in the kit of a young child, etc... Once you have determined which items to include, find a temporary container to hold them in until you have gathered everything. Place whatever highlighted items you have at home in the kit, then cross them off your list. The remaining highlighted items are now your shopping list. Use this list in conjunction with your budget to determine how many items you can afford to buy each month. Once each highlighted item is placed in your kit, find a suitable container to hold the items (backpack/roller-duffle combo bags are my preferred choice). Select a bag that will only be used for this purpose and not emptied when the family goes on a weekend trip etc. Also try to place items in the kit that will not be taken out for other needs (ex. don't put your only flashlight in your kit, buy another one). Now your Evacuation Kit is ready. Print a list of your highlighted items and place it in your bag. You can use this list to make sure everything is in place 1-2 times a year as you rotate clothes, food, water and batteries.

Light

- Flashlight & extra batteries & bulbs (head mount style keeps hands free)
- Chemical light sticks (12-hour one time use)
- Candle (survival variety or 100 hour)
- Lantern (area light)
- Button Flashlight
- Portable solar panel & rechargeable batteries

**Consider solar, crank or LED styles to save on batteries.

Heat

- Matches in a Waterproof Container (Strike Anywhere or Windproof/Waterproof)
- Second method to start a fire (Lighter, Flint/Steel, Magnifying Glass, Batteries/Wire/Fine steel wool, Etc...)
- Trick Birthday Candles (helps light fires in wet conditions)
- Hand and body warm packs

Water

- Water (2 gallons per person for at least 3 days' supply)

- Method of Water Purification (Tablets, Means of Boiling Water, Bandana, Bleach, Water Purifier [Not just filter])
- Water carrier/storage bag (use with water treatment tablets)
- Drink Mix with electrolytes (Propel, Gatorade, Replenish, etc.)
- Coffee Filters (Water Filtering)
- Backpacking Water Filter

Shelter

- Tube tent, Bivvy Bag
- Wool Blanket or Sleeping Bag
- Emergency reflective blanket (lightweight or heavy-duty)
- Rain gear (Poncho) (Preferably one with Grommets and Rope)
- Tent/shelter
- Plastic Sheeting 8'x 8'(Tarp, wind break, etc.)
- Backpacking Hammock, Pillow

Communication

- Radio & Extra Batteries or Radio with alternate power sources (Solar/Crank)
- Whistle
- Signal Mirror (or use a CD)
- Bright Color Trail Tape

- Cellular Phone + Charger
- Paper, pencil, Spanish-English Dictionary
- Pocket TV, Public Safety Scanner, CB, Two-Way Radios (FRS/GMRS/MURS)
- Prepaid Phone Card, Pre-stamped Postcards
- Portable HAM Radio (License Required)
- Aerial Flares, Road Flare, Smoke Signal
- List of Important Phone Numbers
- Hearing Aid Batteries

Sanitation & Hygiene

- Bath Wipes; Moist Towelettes
- Feminine hygiene supplies
- Toilet paper, Tissue Pack, Q-Tips
- Toothbrush, Toothpaste
- Comb, Brush, Hair Accessories, Hair Spray; etc...
- Deodorant, Lotion, Make-Up, Soap
- Razor, Shaving Cream, Towel
- Talcum/Gold Bond/Foot Powder
- Nail Clippers/File
- Chap Stick, Sunblock, Hand Sanitizer Medicine dropper
- Portable Toilet: Plastic Bucket with Tight Lid, Plastic Garbage Bags & Ties, Disinfectant
- Disposable Travel Toilet Kits

- ❑ Large Garbage Bags
- ❑ Insect Repellant, Mosquito Netting

Clothing

- ❑ Change of Clothing and Sturdy Shoes or Work Boots, Long Pants, Shorts
- ❑ Hat and gloves, Thermal Underwear, Warm Clothing
- ❑ Hat, Sun Block, Sunglasses
- ❑ Balaclava, Shemagh (Arab Headscarf)

Food/Cooking

- ❑ Food (High energy, pre-cooked, ready-to-eat) (Stress/Comfort Foods)
- ❑ Small stove, fuel, aluminum cup/bowl, sierra cup
- ❑ Sterno, Penny Stove & Alcohol (Fuel), Pressed Tablet or solid fuel stove
- ❑ Metal Mess kit (Cooking & Eating), paper cups, plates, & plastic utensils or spork
- ❑ Can Opener (GI Issue P-38/P-51 or on Knife)
- ❑ Aluminum Foil
- ❑ Cookware/utensils, Cutlery
- ❑ Soap, liquid detergent, Washing Liquids, SOS Pads, Spray Bottle
- ❑ Freezer Bags (Assorted Sizes)
- ❑ Funnel
- ❑ Multivitamins, Fiber, Salt

Tools

- ❑ Duct Tape
- ❑ Dust Mask (N95 or better)
- ❑ Earplugs
- ❑ Folding shovel, mini trowel
- ❑ Hard hat, Reflective vest
- ❑ Hatchet or Axe, Multi-use Survival axe
- ❑ Knife with sturdy blade, Machete
- ❑ Pry bar 24"(opens doors in earthquakes)
- ❑ Rope (50 Ft. Parachute Cord)
- ❑ Saw (Bow, Folding Pruning, Wire)
- ❑ Sewing Kit (Pocket Size), Safety Pins
- ❑ Shut-Off Wrench, to turn off household gas and water (not in kit)
- ❑ Super Glue, Tape, Scissors
- ❑ Swiss Army Knife or Leatherman Tool
- ❑ Work Gloves, Pliers, Screw Drivers, Wrench (Adjustable)
- ❑ Wire, Zip Ties, Hot Glue Sticks (Repairs)
- ❑ Grease pencil or Permanent Marker (for marking off dangerous areas)

- ❑ Carabineers (Clips to hold loose items or child's pack to your own)
- ❑ Plastic storage containers

Money, Documents & Direction

- ❑ Binoculars, Camera
- ❑ Identification
- ❑ Cash, traveler's checks, change
- ❑ Credit Card/ATM Card (duplicates)
- ❑ Community map with marked evacuation routes and shelters
- ❑ Emergency preparedness manual
- ❑ Evacuation Plan
- ❑ List of Regroup Locations
- ❑ GPS System W/ Batteries (Locations of Home, Friends, Regroup Locations)
- ❑ Important Family Documents: Will, insurance policies, contracts deeds, stocks and bonds, Passports, social security cards, immunization records, Bank account numbers, Credit card account numbers and companies, Inventory of valuable household goods, important telephone numbers, Family records (birth, marriage, death certificates).
- ❑ Insurance Cards
- ❑ List of kit contents
- ❑ Road Maps, Local Topographical map
- ❑ Compass
- ❑ Photos of Family Members- (Up-to-date)
- ❑ ID tags or Bracelets for young Children
- ❑ Star/Constellation Guide
- ❑ Permits (Fishing, Hunting, Fire, Forest)

Survival & Protection

- ❑ Compact Survival Kit
- ❑ Snare Wire
- ❑ Gill Net
- ❑ Sling Shot & Shot
- ❑ Firearm + Ammo
- ❑ Pellet Gun and Ammo
- ❑ Takedown Bow & Arrows
- ❑ Expandable Baton
- ❑ Taser
- ❑ Pepper Spray
- ❑ Fishing Kit (Mini-M&Ms tube or other canister [Storage and Bobber] w/ line wrapped on the outside.) various sized hooks, 10 lb. test line, rubber bands,

various size sinkers, flies, waterproof emery paper to sharpen hooks.

Miscellaneous

- ❑ Bag, container, backpack to carry supplies
- ❑ First Aid Kit & First Aid Manual, CPR Mask, Dental Repair Kit, Suture Kit, Cold Pack
- ❑ Consecrated Oil (Priesthood Blessings)
- ❑ Games, books, hard candy, inspirational reading, Harmonica
- ❑ Children's comfort Items: small toys, paper and pen, favorite security items
- ❑ Battery Backup
- ❑ Scriptures, Hymn Book
- ❑ Spare Keys (House, car, Storage Sheds, Cabin, etc...)
- ❑ Special Need Items, Infants, Elderly, Disabled, Prescription Meds., Eyeglasses & Repair kit or Contacts & Solution, Denture Needs
- ❑ Pet Needs
- ❑ Walking Stick
- ❑ Waterproof dry bag, Ziploc Bags
- ❑ American Flag
- ❑ Potassium Iodide/Potassium Iodate

