**CPR Classes in the PHX Valley**

**The American Red Cross**

The American Red Cross offers CPR and First Aid training on a weekly basis at 4 locations in the Valley; 3 in Phoenix and 1 in Casa Grande. <http://www.redcross.org/>

**Local Firefighters**

Offering American Heart Association Certified CPR, First Aid and Blood borne Pathogen training courses. These courses are offered by local fire department personnel. Classes are offered several times each week and at several locations throughout the valley for your convenience. <http://firefightercpr.com/>

**123 CPR**

Traditional onsite classes are conducted by a professional certified CPR/First-Aid instructor. Classes are offered weekly at the main office in Phoenix as well as a satellite office in Peoria. <http://www.123cpr.com/>

**United Mesa Firefighters Association & CPR Instruction Specialists**

Sponsored by the United Mesa Firefighter Association, CPR and First Aid classes are offered weekly at Grace United Methodist Church in Mesa and Trinity United Methodist Church in Glendale. <http://www.cprinstruction.com/>

**AZ Safety Pros**

Arizona Safety Pros offers a variety of CPR classes to fit your needs. Whether you have small children at home, or need the training for work, AZ Safety Pros has you covered. Remember, learning CPR today, can save a life tomorrow. <http://www.azsafetypros.com/home.html>

**Heart Savers**

CPR class goes over general information including; good Samaritan law, signs & symptoms of a heart attack and stroke, barrier devices and hot to live a healthier life. Heart Savers demonstrates adult, child, and infant skills on a manikin then have the students perform the skill. <http://heartsaversinc.com/>

**Start CPR 1ST**

Start CPR 1st is dedicated to the community and believes that the best way to give back is by ensuring that they train as many people as they can in CPR and First Aid. Classes are offered weekly. <http://startcpr1st.com/>

**CPR Refresher Video**

<http://www.youtube.com/watch?v=FyngKNdwNd8>