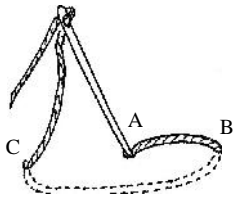
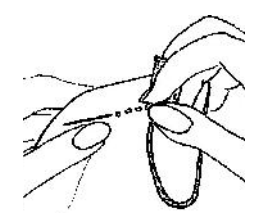
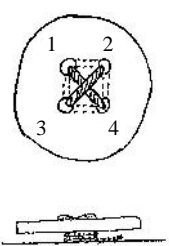


The Sewing Mini-Kit Mini-Book

This template is based on the "PocketMod" design; fold on the grey lines, cut on the dashed grey line, and follow the origami diagrams to make the finished mini-book. If the diagram isn't making sense, use your Google-fu and look up Pocket Mod. They have a snazzy folding video and everything.

Illustrations and text are © 2014 Elizabeth Stewart Clark (notmolly.wordpress.com). You may print multiple copies of this mini-book for free personal use, gifts, and educational programming. This mini-book should not be sold alone, or as part of a kit. Don't be a jerk with my stuff, basically. Have fun!

<p style="text-align: center;">Backstitch</p> <p>This mimics a machined stitch and is very strong. Start with a small knot on the inside of the clothes; bring the needle up at A, down at B, up at C, and back down at A. Each C becomes the new A.</p> 	<p style="text-align: center;">Backstitch Knot</p> <p>Take two or three very small stitches through the same holes, and pull taut to set the "knot" at the beginning and end of your stitching. (Looking at the diagram for the backstitch, sew A-B, A-B, A-B, pull snug, and you're done!)</p>	<p style="text-align: center;">Running Stitch</p> <p>Start with a backstitch knot, then "rock" the needle in and out of the fabric at small, even intervals. Usually you'll work right to left. Keep the tension taut and smooth. End with another backstitch knot.</p> 	<p style="text-align: center;">Sewing Buttons</p> <p>Use a tiny backstitch knot at the center of your button position. Attach the button with a cross of stitches on the front, and a "box" on the back. To finish, bring the needle up under the button, wrap 2-3 times, make a tiny backstitch knot under the button.</p> 
<p style="text-align: center;">A Small & Useful Guide to Sewing for Persons of All Types In Need Of Assistance</p> <p style="text-align: center;"><i>Written & Illustrated By Mrs Clark</i></p> <p style="text-align: right;">Notmolly.wordpress.com</p>	<p style="text-align: center;">FOLD</p> <p style="text-align: center;">CUT</p> <p style="text-align: center;">PRESS</p> <p style="text-align: center;">FOLD</p> <p style="text-align: center;">BOOK!</p>	<p style="text-align: center;">Using a Threader</p> <p>That funky metal thing with a thin diamond-shaped wire is a needle threader. If you're having trouble threading a needle, poke the pointy end of the threader wire through the eye (it will collapse and expand.) Drop the end of thread through the diamond, and pull it back through the eye. In-stant Threaded Needle!</p>	<p style="text-align: center;">Using Wax</p> <p>Gently hold your thread against the wax disc with your thumb, and pull the thread over the wax once or twice. This coats it with a thin layer of beeswax, strengthens the thread, and helps prevent tangling. And, it smells a little like honey, which is nice.</p>